Antibacterial property of *Hylocereus polyrhizus* and *Hylocereus* undatus peel extracts

Nurmahani M.M., A., *Osman, A., Abdul Hamid, F., Mohamad

Ghazali and M.S., Pak Dek.

Department of Food Science, Faculty of Food Science and Technology, Universiti Putra Malaysia, Serdang, Selangor, 43400, Malaysia

Abstract: Food-borne diseases have always been a major concern to the consumers, food safety authorities and food industries. *Hylocereus spp* or Pitaya peels are normally treated as wastes and will be discarded during processing. In this study, the antibacterial activity of ethanol, chloroform and hexane extracts from *Hylocereus polyrhizus* (red flesh pitaya) and *Hylocereus undatus* (white flesh pitaya) peels against nine pathogens was evaluated using disc diffusion method and broth micro-dilution method. Result from disc diffusion method showed that chloroform extracts from *H. polyrhizus* and *H. undatus* peel were found to exhibit good antibacterial activity where almost all the pathogens studied were successfully inhibited. Result of the minimum inhibitory concentration (MIC) showed that all extracts inhibit the growth of bacteria in the range of 1.25-10.00 mg/mL for all bacteria while their minimum bacteriacidal concentrations (MBC) indicated double of the MICs concentration except for *B. cereus*, *L. monocytogenes* and *C. jejuni*. Even though there is no clear trend indicating which bacteria were sensitive most to the extract, it can be concluded that chloroform extract of both *H. polyrhizus* and *H. undatus* peel showed the most potent antibacterial activity. Thus, these findings could be used further to understand the antibacterial property of the peel of pitaya fruits.

Keywords: Antibacterial, food-borne pathogens, Hylocereus peel, disc diffusion, MIC

Introduction

In the past decade interest on the topic of antibacterial property of plant extracts has been growing (Lee et al., 2007). Food processors and agencies are very concerned with the high and growing number of food-borne outbreaks and illnesses associated with microorganisms especially bacteria. Bacteria also have become far more resistant to many antibacterial agents. For instance, of two million people who acquired bacterial infection in United States of America (USA) hospitals annually, 70% of the cases involved the strains that are resistant to at least one antibacterial agent (Cushnie and Lamb, 2005). The emergence of antibiotic-resistant microorganisms had swiftly reversed the advances of previous fifty years of research on antibiotics (Mahida and Mohan, 2006). Consumers too have questioning the safety of foods containing the synthetic antibacterial agent as preservatives (Shan et al., 2007). Therefore, there has been increasing interest in developing new types of highly effective and non-toxic antibacterial agents from natural sources (Shan et al., 2007). Over the past two decades, scientists have turned back to traditional folk medicines or natural products to uncover the scientific basis of remedial effects such as antibacterial agents (Haslam, 1996).

Beside plants, fruits also have become the main subject for researchers to be investigated since their bioactive compounds close related with herbs, commonly referred as phytochemicals such as carotenoids, polyphenols and anthocyanins that are abundantly present in fruits and vegetables such as tomatoes, grapes, pomegranates and strawberries are gaining lot of interest due to their functional property (Jayaprakasha *et al.*, 2001; Li *et al.*, 2006; Rao and Rao, 2007). Furthermore, natural compounds in fruits and vegetables such as polyphenols such as flavonoids and tannins have shown very promising results in combating bacteria, fungus and viral (Ahmad and Beg, 2001; Cushnie and Lamb, 2005).

Hylocereus species or better known as dragon fruit or pitaya from the Cactaceae family had become interest subject to many researchers mainly due to its unique taste, shape and the flesh colour (Mizrahi et al., 1997). Many studies have been conducted to investigate the chemistry of betalains, the major bioactive compounds in H. polyrhizus (Wybraniec et al., 2001; Wybraniec and Mizrahi, 2002; Stintzing, 2004). Furthermore, H. polyrhizus and H. undatus seeds have been reported to contain high level of essential fatty acid, namely linoleic acid and linolenic acids (Ariffin et al., 2009). The functionality of H. polyrhizus seed are including antioxidant property (Adnan et al., 2010) and the uses of different part of H. undatus in promoting wound healing in diabetic rats also have been reported (Perez et al., 2005). However, investigations on the antibacterial activity on the fruit peels are lacking due to less popular in commercial application (Soong and Barlow, 2004).

Therefore the present study was aimed to evaluate the antibacterial properties of ethanol, chloroform and hexane extracts from *H. polyrhizus* and *H. undatus* peel using disc diffusion and broth macrodilution methods in determining minimum inhibitory concentration (MIC) and minimum bacteriacidal concentration (MBC). The findings obtained in the study could support the potential application of pitaya peels as a natural source of antibacterial agent rather than being discarded as domestic waste as currently practiced.

Materials and Methods

Chemicals and reagents

Ethanol, chloroform and n-hexane were purchased from Merck (Darmstadt, Germany). Dimethyl sulfoxide, Nutrient agar, Mueller-Hinton agar and 96-well microplate were bought from Fisher Scientific (Leicestershire, UK), Difco (Maryland, USA), Oxoid (Hampshire, England), and NuncoTM Surface (Rosklide, Denmark), respectively.

Bacterial strains and growth conditions

Nine bacterial strains were used in this study were *Bacillus cereus* (ATCC 14579), *Staphylococcus aureus* (ATCC 25923), *Listeria monocytogenes* (ATCC 19115), *Enterococcus faecalis* (ATCC 14506), *Salmonella typhimurium* (ATCC 13311), *Escherichia coli* (ATCC 25922), *Klebsiella pneumoniae* (ATCC 13883), *Yersinia enterocolitica* (ATCC 23715) and *Campylobacter jejuni* (ATCC 29428) were obtained from ATCC (American Type and Collection Centre). Bacterial strains were cultivated at 37°C and maintained on a nutrient agar slant at 4°C. The working cultures were activated on nutrient agar at 37°C for 24 hours.

Sample preparation

Red flesh pitaya fruits (*H. polyrhizus*) were obtained from a pitaya farm in Sepang, Selangor, Malaysia while the white flesh pitaya fruits (*H. undatus*) were obtained from a local supermarket, imported from Vietnam. The fruits were rinsed with distilled water and hand peeled. The peel was then freeze-dried using a freeze dryer (Labconco, Missouri, USA) and was ground into powder using a domestic blender (Pensonic, Selangor, Malaysia). The powdered peel was stored at -20°C.

Preparation of extracts

The extraction of the freeze-dried peel powder

was conducted according to the method of Siddhuraju and Manian (2007) with some modifications. Twentygrams of the grounded peel were extracted using different solvents namely 95% ethanol, chloroform and n-hexane. The extractions were carried out in an Innova 4000 incubator shaker (New Brunswick Scientific, New Jersey, USA) at 30°C for 2 hours prior to filtration using Whatman No. 4 cellulose filter paper. The filtrates were then concentrated under vacuum pressure (Büchi, Flawil, Switzerland) at 40°C. For the antibacterial study, the dried extracts of ethanol (EE) were dissolved in 95% ethanol. Chloroform (CE) and n-hexane (HE) extracts were dissolved in 5% dimethyl sulfoxide (DMSO). The final concentrations of all extracts were standardized at 10 mg/mL.

Antibacterial activity Disc diffusion assay

The disc diffusion assay was adopted from Clinical and Laboratory Standards Institute, CLSI (2009) was employed to observe the inhibitory spectrum of the extracts against nine pathogenic bacteria. Four or five well isolated colonies (depending on the size of the colonies) were picked from an overnight plate culture and inoculated into saline suspension at room temperature. The turbidity was then adjusted to 0.5 McFarland standards (10⁸ CFU/mL) and streaked onto Mueller-Hinton agar plates using sterile cotton swabs. Whatman No. 1 filter paper discs of 6mm diameter were impregnated with 20 µL of the extracts. Chloramphenicol disc was used as positive control. Extraction solvents (ethanol, chloroform and hexane) were used as negative controls. The plates were incubated at 37°C for 24 hours. The screening of antibacterial activity was assessed based on the diameter of the clear zone surrounding the paper disc (including the disc diameter) in millimetre (mm). The tests were conducted in triplicates and repeated for three times.

Minimum inhibitory concentration and minimum bacteriacidal concentration

Minimum inhibitory concentration (MIC) and minimum bacteriacidal concentration (MBC) of the different *H. polyrhizus* and *H. undatus* peel extracts were conducted using micro-dilution method as proposed by Preuss *et al.*, (2005). For (MIC), each extract was individually diluted to two-fold serial dilution. The bacteria's turbidity was initially adjusted to 0.5 McFarland standards. Aseptically, 100 μ L of each extract from each dilution was added with 95 μ L of nutrient broth and 5 μ L of the bacteria in the

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sterilised 96 wells microplate. The cultures were then incubated at 37°C for 24 hours in a metabolic rotary shaker (New Brunswick Scientific, Missouri, USA) and the growth was monitored spectrophotometrically (Bio Rad, Perth, UK) at 600 nm. Determination of MBC was done by sub-culturing 5 μ L of suspension drawn from the wells with the lowest concentration that showed inhibition of the bacteria tested on nutrient agar and further incubated for another 24 hours. Chloramphenicol was used as positive control.

Results and Discussion

Disc diffusion assay

In the present study, nine food borne pathogens were tested for their sensitivity to different extracts of H. polyrhizus and H. undatus pitaya peel using disc diffusion method. Table 1 shows the diameters of inhibition zone exhibited by each extract towards the selected bacteria. All six extracts; ethanol extract of H. polyrhizus (REE), chloroform extract of H. polyrhizus (RCE), hexane extract of H. polyrhizus (RHE), ethanol extract of H. undatus (WEE), chloroform extract of H. undatus (WCE) and hexane extract of H. undatus (WHE), exhibited inhibition zones of about 7-9 mm against certain bacteria, indicating a broad spectrum activity against both gram positive and gram negative bacteria. Negative controls which were 95% ethanol and 5% DMSO did not show any inhibition zones.

RCE inhibited almost all of the bacteria tested except for C. jejuni while REE managed to inhibit six of the bacteria studied except for S. aureus, B. cereus and C. jejuni. RHE inhibited four bacteria tested which were S. aureus, E. coli, S. typhimurium and K. pneumoniae. With respect to the different solvents used in this assay, RCE showed a better antibacterial activity followed by REE and finally RHE. Similarly for H.undatus, WCE inhibited six bacteria except for E. faecalis, S. typhimurium and K. pneumoniae while WEE successfully inhibited five bacteria, namely S. aureus, L. monocytogenes, E. faecalis, S. typhimurium and Y. enterocolitica. However, WHE inhibited four out of nine bacteria tested, which were S. aureus, E. coli, S. typhimurium and K. pneumoniae. As compared to the H. polyrhizus peel, RCE exhibited better antibacterial activity than WCE for the fact that it only inhibited six bacteria combated. WEE showed lower antibacterial activity than REE where it only inhibited five bacteria including S. aureus, L. monocytogenes, E. faecalis, S. typhimurium and Y. enterocolitica. RHE and WHE showed similar trend in which four bacteria were successfully inhibited

including S. aureus, E. coli, S. typhimurium and K. pneumoniae. C. jejuni was the most resistant bacteria strain since WCE was the only extract that managed to mildly inhibit its growth. Overall, the antibacterial activity using this assay revealed that H. polyrhizus peel has a better activity as compared to H. undatus peel.

Gram-positive bacteria are considered to be more sensitive as compared to Gram-negative because of the differences in their cell wall structures (Ahmad and Beg, 2001). But in this study, there was no clear trend observed for Gram-positive and Gram-negative bacteria. This finding is in agreement with the finding observed by Negi and Jayaprakasha (2003) where no clear trend was found on the different types of bacteria on the antibacterial activity of Punica granatum peel extracts. The effect of the different types of solvents used during extraction was clearly observed in the present study. Al-Zoreky (2009) stated that the differences in the antibacterial activity of pomegranate peel extracts could partially due to variations in phenolic content of extracts, strain sensitivity and antibacterial procedures adopted in the tests. In the present study, RCE successfully inhibited the growth of all Gram-positive bacteria and all Gram-negative bacteria except for C. jejuni.

Even though there are many studies reporting the presence of various bioactive compounds like flavonoids and phenols in fruits peels such as grape, citrus, mangosteen and pomegranate (Wang *et al.*, 2008; Al-Zoreky, 2009; Katalinic *et al.*, 2010, Palakawong *et al.*, 2010), there are no reports available on the antibacterial activity of the different varieties of pitaya peel.

Table 1. Antibacterial activity of *H. polyrhizus* (red flesh pitaya) *H. undatus* (white flesh pitaya) peel extracts of using disc diffusion method

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	Mean diameter of inhibition zone (mm)							Negative control		
Bacteria strains	Extract ⁴ (0.2mg/ disc)					Chl ou mpenicol (10,@/disc)	Ethanol	Chloroform	Hexane	
	REE	RCE	RHE	WEE	WCE	WHE				
Gram (+) bacteria										
Staphylococcus aureus	IN	9.0±0.10	7.0±0.05	8.0±0.10	8.0±0.25	7.0±0.07	30.0±0.28	IN	IN	IN
Bacillus cereus	IN	8.0±0.10	IN	IN	7.0±0.15	IN	29.0±0.34	IN	IN	IN
Enterococcus faecalis Listeria monocyogenes Bacillus cereus	9.1±0.20	9.0±0.20	IX	7.0±0.1	8.0±0.27	IN	26.0±0.41	IN	N	Z
	8.0±0.10	7.1±0.05	IN	7.0±0.11	IN	IN	30.0±0.22	IN	IN	IN
Gram (-) bacteria										
Escherichia coli	7.0±0.20	7.0±0.15	8.0±0.20	IN	7.0±0.17	7.0±0.12	8.0±0.33	ĪN	IN	IN
ʻo <i>dmonella ty</i> phimurium	9.0±0.05	8.2±0.21	9.0±0.35	7.0±0.10	IN	8.0±0.15	28.0±0.25	IN	IN	IN
Campylobacter jejuni S	N	IN	IN	IN	7.1±0.13	IN	30.0±0.41	IN	IN	N
Yersinia enterocolitica	7.1±0.21	8.5±0.21	IN	7.0±0.15	8.0±0.05	IN	28.0±0.24	IN	IN	IN
Klebsiella pneumoniae Versinia enterocoltika Campilobacter jejuni Salmonella typhimurium	7.0±0.25	8.0±0.10	8.5±0.23	IN	IN	7.0±0.16	28.0±0.27	IN	IN	IN

^a Values are expressed as mean value \pm standard deviation (n = 3). R= red flesh pitaya;

W= white flesh pitaya;

EE = ethanol extract:

CE= chloroform extract;

HE= hexane extract;

NI= no inhibition.

Like any other Gram-negative bacteria cell wall, C. jejuni cell wall composed of lipopolysaccahrides that are broken down to secrete enterotoxins (Skirrow, 1994). Other possible virulent factors of C. jejuni include flagella, microbial adherence and invasion of intestinal epithelial cells (Bourke et al., 1998) while the curved shape and motility of Campylobacter facilitate its penetration through the gastrointestinal mucus (Wallis, 1994). In the present study, it is interesting to note that WCE could only inhibit the growth of C. jejuni while other extracts failed. C. jejuni has been the leading cause of human gastroenteritis (Hani and Chan, 1995). Similarly, chloroform extracts were the only extracts that managed to inhibit the growth of B. cereus. The presence of spore of *B. cereus* may possibly increase its resistance towards bioactive compounds. Other contributing factors to spore resistance are genetic makeup of the sporulating species, sporulating conditions, core water content, spore coats and spore mineral content (Nicholson et al., 2000). Russell (2005) stated that many antibacterial agents are bacteriastatic rather than bacteriacidal and sporostatic at low concentrations and not being sporocidal at high concentrations. Increasing the concentration of one extract does not necessarily increase the antibacterial activity (Rota et al., 2008).

The same trend of result was also found in the screening of H. undatus peel. Chloroform extract of H. undatus peel (WCE) appeared to inhibit six out of the nine bacteria tested except for E. faecalis, S. typhimurium and K. pneumoniae. It is interesting to note that WCE successfully inhibited the growth of C. jejuni as compared to other extracts. A similar study by Kirbaşlar et al., (2009) reported that some essential oils extracted from grapefruit, bitter orange, orange, mandarin, lemon and bergamot peel showed a high antibacterial activity against bacteria and selected fungi. A study on green banana peel by Mokbel and Hashinaga (2005) revealed that the ethyl acetate of green banana peel extracts displayed high antibacterial and antioxidant activity and these activities may be due to 12-hydroxystrearic acid and succinic acid present in the banana peel. Therefore, the bioactive compounds such as some essential oils and fatty acids extracted from semi-polar solvents like chloroform and ethyl acetate might have contributed to the antibacterial activity as exhibited by RCE and WCE in this particular study.

In a study conducted by Mohamed *et al.*, (1994) on ethanol extract of *Nephelium lappaceum* peel revealed that its antibacterial activity on *S. typhi* using the same assay was good with the inhibition zone of 26mm but no inhibition was detected in *Lansium* *domesticum* peel extract. This was also observed in this study where REE and WEE successfully inhibited *S. Typhimurium* growth at the disc potency of 0.2 mg/disc. It could be said that the inhibition of *S. Typhimurium* differs with different sample used in a study. *S. Typhimurium* caused salmonellosis which developed diarrhea, fever, vomiting and abdominal cramps.

Like any other methods, the disc diffusion method used in the present study also has some limitations. Despite its simplicity, various parameters in the test could affect the accuracy of the result such as the volume of antimicrobial agent on the paper discs, the thickness of the agar layer and the solvent of dilution used (Burt, 2004). Different possible methods such as hole-plate method and cylinder method could be adopted to improvise this study. In the present study, the screening of antibacterial properties of different extracts of *H. polyrhizus* and *H. undatus* peels indicated that extraction with chloroform gave the best antibacterial activity.

Minimum inhibitory concentration (MIC) and minimum bacteriacidal concentration (MBC)

MIC was defined as the lowest concentration of the extract to inhibit the growth of the bacteria at the end of 24 hours incubation. In contrast, MBC was defined as the lowest concentration of an antibacterial agents needed to kill the microorganisms after 48 hours incubation (Preuss *et al.*, 2005). The antibacterial activity of the six different extracts derived from pitaya peels was determined by broth micro-dilution method using the 96 well microplates. The MIC and MBC values are expressed in mg/mL as tabulated in Table 2. All the six extracts exhibited good antibacterial activity. Table 2. Minimum inhibitory concentration (MIC) and minimum bacteriacidal concentration (MBC) of *H. polyrhizus* (red flesh pitaya) and *H. undatus* (white flesh pitaya) peel extracts

MIC (mg/mL)							
Bacteria strains	Extract ^a						Chloramphenicol
	REE	RCE	RHE	WEE	WCE	WHE	(µg/mL)
Gram (+) bacteria							
Staphylococcus	5.0	1.25	1.25	5.0	2.5	2.5	32.0
aureus	^b 10.0	2.5	2.5	5.0	10.0	5.0	
Bacillus cereus	5.0 >80.0	1.25 >80.0	2.5 >80.0	10.0 >80.0	2.5 >80.0	10.0 >80.0	4.0
Listeria	1.25	1.25	1.25	5.0	2.5	1.25	4.0
monocytogenes	>80.0	>80.0	>80.0	>80.0	>80.0	>80.0	
Enterococcus	1.25	1.25	5.0	10.0	10.0	5.0	8.0
faecalis	2.5	5.0	10.0	10.0	10.0	10.0	
Gram (-) bacteria							
Escherichia	1.25	1.25	1.25	10.0	1.25	2.5	32.0
coli	2.5	2.5	1.25	10.0	2.5	10.0	
<i>Salmonella</i>	1.25	1.25	1.25	10.0	2.5	1.25	8.0
typhimurium	2.5	2.5	1.25	10.0	2.5	2.5	
Campylobacter	5.0	1.25	1.25	5.0	1.25	5.0	32.0
jejuni	>80.0	>80.0	>80.0	>80.0	>80.0	>80.0	
Yersinia	5.0	1.25	5.0	5.0	1.25	2.5	8.0
enterocolitica	5.0	2.5	10.0	10.0	10.0	5.0	
Klebsiella pneumoniae ^a Values are expr	5.0 10.0	1.25	1.25 1.25	5.0 10.0	10.0 10.0	5.0	8.0

^a Values are expressed as mean value \pm standard deviation (n =

3).

R= red flesh pitaya; W= white flesh pitaya;

EE = ethanol extract;

CE= chloroform extract;

HE= hexane extract;

NI= no inhibition

^b Values in italic are minimum bactericidal concentration (MBC)

In the present study, there is no definite trend being observed on the inhibition of different type of bacteria. *B. cereus, L. monocytogenes* and *C. jejuni* were found to be the most resistant bacteria to all extracts tested. RCE successfully inhibited the growth of all bacteria at 1.25 mg/mL. Similarly, the inhibition of *L. monocytogenes, E. coli* and *S. typhimurium* was also observed to be at 1.25 mg/mL for all REE, RCE and RHE. However, RHE was found to be better than REE because the inhibition of *S. aureus, B. cereus, C. jejuni* and *K. pneumoniae* was at least 2-4 folds less concentrated than REE. Although *S. aureus, E. coli* and *C. jejuni* were found to be the most resistant to Chloramphenicol (MIC 32 µg/mL), they were

inhibited by RCE at 1.25 mg/mL. The MBC were noted to be double of the MIC concentration except for B. cereus, L. monocytogenes and C. jejuni where it requires more than 80.00 mg/mL to be completely killed. The same trend was observed in WCE whereby E. coli, C. jejuni and Y. enterocolitica were inhibited at 1.25 mg/mL while most of the Grampositive bacteria such as S. aureus, B. cereus and L. monocytogenes including one Gram-negative bacteria S. Typhimurium were inhibited at 2.5 mg/mL. In this study, K. pneumoniae and E. faecalis were the most resistant bacteria since the MIC and MBC values for WCE was found to be 10 mg/mL. However it is interesting to note that WHE and WEE could inhibit the growth of K. pneumoniae at 5 mg/mL, two-fold lower than WCE. According to the result obtained, WHE was found to exhibit better activity after WCE as compared to WEE. This could be observed on the inhibition of S. aureus, S. typhimurium, E. coli and Y. enterocolitica where WEE required double dose to inhibit the bacteria.

As compared to RCE, WCE required a higher dosage to inhibit the growth of certain bacteria. The MIC of WCE for *S. aureus, B. cereus, L. monocytogenes* and *S. typhimurium* were at least two-fold higher than the MIC value of RCE. For *K. pneumoniae*, WCE required 10mg/mL to inhibit their growth as compared to only 1.25 mg/mL for RCE. The same pattern was also observed for WHE and WEE whereby their MIC value was at least two-fold higher as compared to that of RHE and REE concentrations. Hence, results from broth dilution method revealed that the antibacterial activity of the *H. polyrhizus* peel extracts was generally higher than the *H. undatus* peel extracts.

In the present study, the most potent antibacterial extract was RCE. The MIC values for inhibition of S. aureus and K. pneumoniae were 1.25 mg/mL. Negi and Jayaprakasha (2003) found that acetone extract of pomegranate fruit peel inhibited the growth of B. cereus, S. aureus and E. coli at 0.2 mg/mL. Choi et al., (2009) reported that phenolic compounds present in the ethanol extract of pomegranate fruit peel may be responsible for its remarkable antibacterial activity against Salmonella. A study on pomegranate fruit peel by Voravuthikunchai et al., (2005) indicated that enterohemorrhagic E. coli O157:H7 was inhibited in the presence of 0.5-3.0 mg/mL of ethanol extracts and Al-Zoreky (2009) found that 80%-methanol extract of pomegranate fruit peel inhibited the growth of E. coli at 1 mg/mL. In the present study, E. coli were inhibited by both RCE and WCE at 1.25 mg/mL.

For the peel extracts of both *H. polyrhizus* and *H. undatus* fruits observed in this study, there was

a general trend where the order of antibacterial activity would be CE > HE > EE. Despite the finding observed by Tian et al., (2009) on Gala chinensis which revealed that the different polarity does affect the bioactivities (i.e: antioxidant and antibacterial activities) where with the increasing polarity of one solvent, the antioxidant and antibacterial activities will decreased, this was not observed in this present study. In the present study, chloroform extract showed the most potent antibacterial activity followed by hexane and ethanol extracts. The synergistic between bioactive compounds in chloroform have been suggested to cause such activity when the authors reported that kaempferol and luteolin showed synergy against Herpes Simplex Virus (Cushnie and Lamb, 2005). Therefore in this study, it could be suggested that synergistic interaction between bioactive compounds had caused chloroform extract to exhibit such antibacterial activity against all bacteria tested.

Nurliyana et al., (2010) further reported that the peels of both Hylocereus species contained high number of total phenolic compounds (TPC) rather than the pulp. It was reported that the antibacterial of fractions extracted from 100% (v/v) ethanol was more effective as compared to fractions derived from 70% (v/v) ethanol (Mandalari et al., 2007). Wojdylo et al., (2007) further supported that polyphenolic compounds were commonly found in both edible and inedible plants. However, the non-flavonoids compounds can be found in the pulp but the flavonoids compounds were found in the peel, seed and stem (Paixão et al., 2007). In addition, Li et al., (2006) revealed that the TPC of pomegranate peel extracts was found 10 times higher than the pulp extracts, suggesting phenolics might be one of the responsible compounds that contributing to its high antimicrobial activity (Negi and Jayaprakasha, 2003). However, even though flavonoids, tannins and terpenoids will be found in the aqueous phase, but they are more often obtained in less polar solvents including chloroform (Cowan, 1999). Therefore it is possible to postulate that the antibacterial activity of both H. polyrhizus and H. undatus in the present study may be due to these same compounds. The antibacterial activity of plant extracts may be due to the capability of bioactive compounds to form a complex with extracellular and soluble proteins, inhibit enzyme activity and also affect bacteria cell walls (Cowan, 1999). Those bioactive compounds may also disrupt bacteria membranes (Tsuchiya et al., 1996).

Conclusion

Different types of bacteria responded differently

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towards the different extracts. The present study revealed that all the bacteria tested were sensitive to different extracts from red and white flesh pitaya fruit peels. It can be concluded that, chloroform extracts of both Hylocereus species peel showed greatest antibacterial activity with H. polyrhizus peel being greater than H. undatus peel. With respect to both extracts, chloroform extract of red flesh pitaya peel (RCE) can be classified as a good source of potent natural antibacterial agent for both, Gram-positive and Gram-negative bacteria. Therefore, the potentials of these extracts as antibacterial alternatives could be further studied and the Hylocereus fruit peels could be utilised as a natural source of antibacterial agent that will benefit the society as a whole rather than being discarded as currently practiced.

Acknowledgements

The authors would like to thank Universiti Putra Malaysia for the financial aid under Research University Grant Scheme (RUGS) (Project No. 02/01/07/0015RU) and Faculty of Food Science and Technology for providing the facilities.

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